

2026 Artists in Movement Intensives (AIM) Information Packet

Director's Mission & Goal

Artists in Movement (AIM) is an intensive program designed to challenge and inspire students to take dance to the next level in a fun and professional way.

AIM's goal is to help dancers create a balance between their passion, desire and talent to enrichment, reality, and success.

Programs

AIM is a 1-2-3-4 day/overnight dance intensive program. It is open to girls and boy ages 10 years and older with intermediate, advanced and higher dance experience (depending on the level). Each intensive has academic, and studio class designed to enrich and challenge your mind and body.

A showcase and filming will take place the last night of the program.

AIM offers three intensive programs: Intermediate, Advanced and Pro.

Facility & Usage

AIM's summer intensives take place at The Y at Watson Woods located in Painted Post, NY. Accommodations, classes, activities, meals, and showcase are at the Main Lodge or new community center. There is a washer & dryer on the property.

Refer to Addendums 1-3 for directions, maps & diagrams of the facility.

Code of Conduct

AIM staff, visiting guests and attendees will...

- *Show respect for, and cooperation with, fellow members, volunteers, and staff (AIM & Watson Woods).*
- *Treat all property with respect. Repair costs for damage incurred to property will be billed to those responsible. Theft or vandalism is prohibited.*
- *Be responsible for your own belongs, AIM is not responsible for any lost or missing items.*
- *AIM is a safe place for everyone. There is no tolerance for bad behavior, bullying, harassment or unkindness to any individual.*
- *No controlled substances or dangerous materials are permitted on the property.*

Participation in AIM is subject to the observance of the program rules. Any participant who knowingly violates this Code of Conduct is subject to discipline, up to and including removal from the activity he or she is participating in or the entire intensive (at his or her own expense).

Determination of disciplinary action shall be done with input from the staff overseeing the program or activity. If a participant is under the age of 18, a parent/guardian will be notified to meet & discuss any issues. Final decisions about discipline will be made by the Director & Manager.

Program Arrivals & Pickups

Participants are to check in and pick up at the Chapel entrance located to the far right of main entrance.

- *Day 1: Pro Intensive: Registration 2:00 pm / Classes Start 3:00 pm*
- *Day 2: Advanced Intensive: Registration 8:00 am / Classes Start 9:00 am*
- *Day 3: Intermediate Intensive: Registration 8:00 am / Classes Start 9:00 am*
- *Day 4: Program ends with the Evening Showcase*
- *Attendees not staying the night (Sat/Sun/Mon) can be picked up at 9:30 pm.*

Room Accommodations

- *Attendees will be staying in dorm style rooms (2-4 to a room) in the Main Lodge.*
- *Not all rooms are air-conditioned, but they do have screened windows.*
- *There are dorm style bathrooms/showers (newly renovated).*
- *Single occupancy and hotel rooms are available for an additional nightly fee.*

Suggested Packing List

Dance class

- *Leotards, Sport/Dance Bra & Shorts (You will get hot and may wish to change throughout the day so bring a few options).*
- *Dance Tights (not required / optional)*
- *Dance shoes: Ballet, jazz, lyrical/half soles, and socks and/or Apollo Shocks are all good things to bring. Please do not buy new shoes, older shoes are just fine.*
- *Showcase: You can wear any of the combinations of black: leotard, dance/sport bra, shorts or legging. We suggest you pack what you want to wear for the showcase separately, so it stays clean and fresh and not used other days.*

Bedroom

- *The rooms come with fitted/flat sheets, a blanket, and a pillow, but if you are more comfortable you can bring your own, or a sleeping bag.*
- *A fan (optional)*

Shower

- *Bath & Hand Towels/Wash Cloth/Sponge/Scrunchie*
- *Shampoo/Conditioner/Soap/Body Wash*
- *Toothpaste/toothbrush/Deodorant/other toiletries*
- *Brush & Comb/ Hair ties & Bobbie pins*

Clothes

- *Undergarments/Socks/PJs/ Robe*
- *Shorts/Shirts/Sneakers/Sweatpants & long sleeve shirt to wear at the campfire.*

Extras

- *Flashlight w/new batteries*
- *Bug Spray*
- *Medicine*

Meals, Snacks, Beverages & Donations

- *Meals will take place either main lodge dining hall or at the lower-level meeting rooms.*
- *Please not no food or beverages in rooms without prior approval.*
- *AIM sets up a snack and beverages that is open to everyone from 8am – 11pm.*
- *Donations are welcomed and completely optional.*

Showcase & Filming

All dancers will be a part of the final showcase.

- *Free Admission / Open to Everyone!*
- *Seating starts at 6:00 pm*
- *Showcase Begins at 6:30 pm (1 hour)*
- *Light Refreshments*

Consent Form

The AIM consent form must be filled out and signed by staff and participants prior to AIM or at check in.

Refer to Addendum 4: Consent form

ADDENDUM 1: DIRECTIONS TO THE Y AT WATSON WOODS

9620 Dry Run Road, Painted Post, NY 14870

By Air: The Elmira-Corning Regional (ELM) is located at exit 50, Route 17/Interstate 86. It is served by US Airways, United Airlines, Delta Airlines, and Continental. Rental cars are available at the airport. Homestead staff may be available to make airport pick-ups and drop-offs for participants in Watson Homestead sponsored programs. Please inquire.

By Bus and Rail: NY Trailways and Shortline Bus services drop off passengers in Corning, NY. There is no passenger rail service to our area. The closest Amtrak terminals are Rochester and Syracuse.

From Albany, Massachusetts & New England: Find your way to Interstate 88 (just northwest of Albany, off I-90). Travel west on I-88 to Binghamton. then go west on Interstate 86 (a.k.a. NY State Route 17) to exit 42. At top of exit ramp, turn right onto Steuben Co. Route 26, Meads Creek Road. You will travel just over 3 miles to the Homestead entrance sign. Turn right on Dry Run Road and follow signs to the Main Lodge.

From Canada, Buffalo & Rochester: Take Interstate 90 East to Rochester, then 390 South. Route 390 T's into Interstate 86 (a.k.a. NY State Route 17). Take I-86 east to exit 42. At top of exit ramp, turn left onto Steuben Co. Route 26, Meads Creek Road. You will travel just over 3 miles to the Homestead entrance sign. Turn right on Dry Run Road and follow signs to the Main Lodge.

From Jamestown and the West: Travel east on Interstate 86 (a.k.a. NY State Route 17) to exit 42. At top of exit ramp, turn left onto Steuben Co. Route 26, Meads Creek Road. You will travel just over 3 miles to the Homestead entrance sign. Turn right on Dry Run Road and follow signs to the Main Lodge.

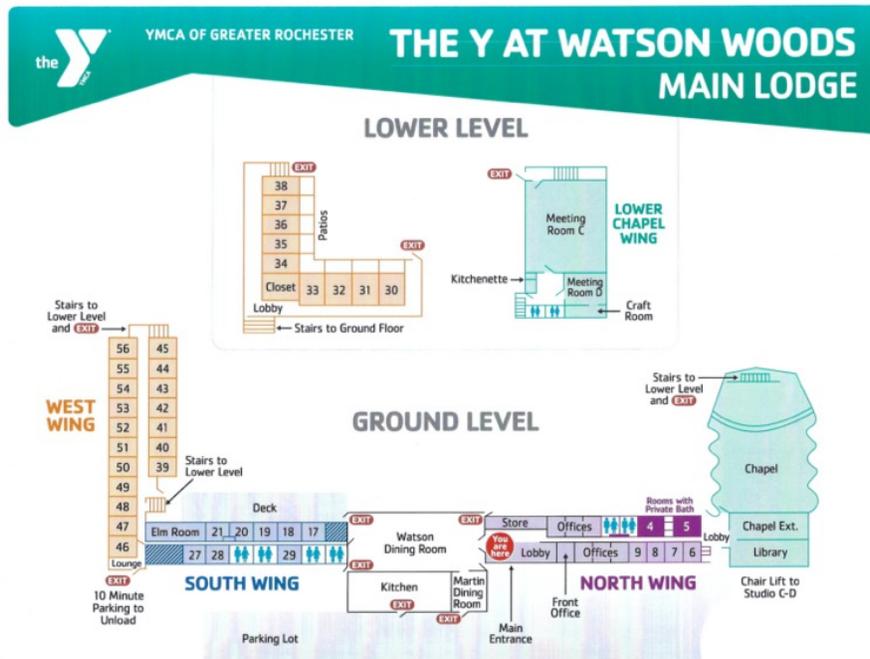
From Pennsylvania and the South: Travel north on State Route 15 N (future interstate 99) from Harrisburg to Interstate 86 West (a.k.a. NY State Route 17) at Painted Post. Take Interstate 86 West to exit 42. At top of exit ramp, turn right onto Steuben Co. Route 26, Meads Creek Road. You will travel just over 3 miles to the Homestead entrance sign. Turn right on Dry Run Road and follow signs to the Main Lodge.

From the New York metropolitan area: Travel west on Interstate 86 (a.k.a. NY State Route 17) to exit 42. At top of exit ramp, turn right into Steuben Co. Route 26, Meads Creek Road. You will travel just over 3 miles to the Homestead entrance sign. Turn right on Dry Run Road and follow signs to the Main Lodge.

ADDENDUM 2: MAP TO THE Y AT WATSON WOODS



ADDENDUM 3: DIAGRAM/LAYOUT OF THE MAIN LODGE



ADDENDUM 4: 2025 AIM CONSENT FORM

To be completed by all staff & attending participants. If you are 18 years and older, please complete this form. If you are under 18 years, a parent/guardian must complete this form with you.

I hereby grant permission for me or my child (print full name) _____
_____ to participate in all educational, dance, sports, and social activities at the 2026 AIM Intensive held at Watson Woods (Painted Post, NY). All safety precautions will be taken for all activities. If I or my child is hurt or injured during the above activities, I understand that AIM is not responsible.

I, hereby give permission for my child to be photographed & videotaped during the 2026 AIM Intensive at Watson Woods.

I understand photos & videos are used to keep a journal of activities and may be used for promotional purposes including flyers, brochures, newspaper, social medial and the website.

If photos or videos are used in advertising, his/her identity will not be disclosed; I do not expect compensations and that all photos are the property of AIM.

I have read and I understand AIM's Code of Conduct and I agree to abide by the rules. I understand I may be removed as a participant from the activity or program, if I fail to follow these rules.

AIM Participant's Signature

Date

Print Parent/Guardian's Name

Signature of Parent/Guardian

Date